



## The Myers-Briggs Type Indicator<sup>®</sup> (MBTI<sup>®</sup>) Accreditation Programme

**T**he Myers-Briggs Type Indicator<sup>®</sup> (MBTI<sup>®</sup>) instrument continues to be the most trusted and widely used assessment in the world for understanding individual differences and uncovering new ways to work and interact with others. From developing more productive work teams to building closer families, the MBTI<sup>®</sup> tool can improve the quality of life for anyone and any organisation.

### **4 Day Course**

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# The Myers-Briggs Type Indicator® (MBTI®) Accreditation Programme

Continue your personal and professional development and gain certification to purchase and interpret the MBTI® tool by joining one of our MBTI® Certification Programmes. Once certified, you will be ready to start using the MBTI® instrument straight away for individual, group or team work. As with all of our psychometric accreditations, your certification is valid internationally and lifelong.

## **Duration:**

The course is conducted over 4 days with participants required to pass a multiple-choice exam after each of the five modules and to participate actively in exercises designed to ensure ethical and professional use of the MBTI® instrument.

## **Designed for:**

HR Professionals, Line Managers, trainers and coaches who seek effective solutions to address development within their organisations.

## **Objectives:**

The MBTI® range of tools reaches across the globe in 55 languages.

- Achieve proficiency in administering, interpreting and feeding back the MBTI instrument.
- Learn how to utilise the MBTI instrument to help improve individual and team performance, nurture and retain top talent, develop leadership at every level of an organisation and improve communication and reduce conflict.

## **Agenda:**

### **Day 1: Using the MBTI Instrument and Type with Teams**

- Introducing the MBTI
- Background and preference definitions
- Dichotomies and preferences

### **Day 2: Integrating the MBTI Instrument and Type into Your Work Setting**

- Using a psychological assessment
- Trait and type differences
- MBTI construction/questions and issues
- MBTI results and construction summary
- Reliability and Validity - definitions and evidence
- Contracting and ethics

### **Using the MBTI with Individual Clients**

- Administration guidelines
- Interpreting the MBTI

### **Day 3: Using the MBTI for Individual Development**

- Type dynamics - theory and mechanics
- Type and stress
- Type development, type and culture
- Using type for leadership development
- Leadership type distributions, strengths and blind spots, resources

### **Day 4: Understanding and using the MBTI Step II instrument and report**

- Development and uses of Step II
- Step II reports and discussion, explaining facets
- Using step II with teams